

SZATKOWSKI'S RECOMMENDED WEBSITES

In your hands you now have the basics. *Technology and the internet is always changing*. It is up to you to stay up to date on the on what your children are doing when it comes to technology and the internet.

<https://www.common sense media.org/articles/parents-ultimate-guide-to-social-media> Struggling to keep up with the media and tech your kids are using? Common Sense's Parents' Ultimate Guides can help keep you up to date and answer your questions about all the latest titles and trends. Whether you're trying to figure out if a new app is safe for your teen or if a popular game includes blood and gore, we've got you covered.

<https://www.common sense media.org/research/talk-trust-and-trade-offs-how-and-why-teens-use-ai-companions> A new type of relationship is emerging in teens' lives—one that feels like connection but is powered by code. Our new research reveals that nearly three in four teens have used AI companions, and half use them regularly.

www.net smartz.org (National Center for Missing and Exploited Children-NCMEC-Interactive site for ages 5 through 17 for kids, students, parents, educators and law enforcement.

<https://www.nsopw.gov/?home>= Search sex offender registries for all 50 states, the District of Columbia, U.S. Territories, and Indian Country.

www.cybertipline.com (NCMEC Report websites, emails, suspicious online activity involving kids)

<https://www.youtube.com/watch?v=y4d4Ycaz nao> Shawn Ryan Show. Schlep, real name Michael, is a 22-year-old YouTuber and content creator known for his hard-hitting investigations exposing child predators on Roblox. Through sting operations and decoy accounts, his channel has uncovered widespread grooming networks using the platform to target minors.

<http://isafe.org/wp/> i-SAFE combines the power of technology, traditional curriculum and the influence of social media to educate and empower students. i-SAFE is designed to provide schools and school districts with comprehensive curriculum materials and tools for equipping students with skills they need to be safe, responsible and proficient cyber citizens.

<https://www.net family news.org/parenting> Based on the premise that informed, engaged parenting is essential to kids' constructive use of technology and the Net.

<https://www.bark.us> Bark's watchdog engine uses advanced algorithms to look for a variety of potential issues, such as cyberbullying, sexting, drug-related content, and signs of depression. If a potential issue is detected, a text/email alert is sent to you to review the issue, along with recommended actions on how to handle the situation.

www.accountable2you.com (Monitoring software) Enable instant text message alerts, and we will notify your chosen partner(s) immediately when the app detects highly objectionable activity. All objectionable activity is automatically sent in an hourly email report.

www.mymobilewatchdog.com (IF you permit your kids to have a **smart phone**, this product alerts a subscriber “when unknown people try to call, email or text message your child. Exceptional activities are logged, allowing you to view, assess and take action on questionable contacts;” also, can deactivate camera, block apps, and/or inappropriate sites or content on the web)

<https://wisephone.com/> We are on a mission to overcome digital addiction, rebuild relationships, and create healthy tech. Only the intentional apps you need. The versatile Tool Drawer provides the practical apps you need for everyday life. None of the garbage. No social media. No explicit content. No web browser.

www.ikeymonitor.com (Monitoring software for iPhone, iPad, and iPod Touch)

<https://www.covenanteyes.com/> Help! My Kid is Looking at Pornography. This is a heartbreaking realization for any parent. Distressing as it might seem, try to stay calm. Today 20,000 other people will visit our website because they too have found themselves in a similar situation. We can help you get through this. These are not uncharted waters. The critical question is: will you face it well?

<https://www.youtube.com/watch?v=nbJbwaUB5YM> How Generations of Girls Are Pressured to Market Themselves Online. Freya India argues that social media hasn’t just changed how young women spend their time — it has changed how they see themselves, how they relate to others, and even how they view their futures. What looks like self-expression on the surface can become something much harsher underneath, with that constant pressure to perform, market, and optimize the self, and how pornography and the way it has quietly reshaped expectations, intimacy, and relationships for an entire generation. She connects social media, family breakdown, self-worth, and vulnerability into a bigger picture that feels both unsettling and deeply important.

<https://presentfathers.com/> Podcast - We are here to ask the tough questions and dismantle negative stereotypes in order to forge a new path for fathers who refuse to be marginalized in our family’s lives. Our mission? To empower fathers to be actively present, fiercely engaged, and unapologetically masculine. Through our dynamic discussions, we offer more than just advice; we provide a toolkit for modern dads to build stronger families and communities. Whether it’s through laughter, debate, or moments of revelation, The Present Father’s Podcast stands as a beacon for all fathers ready to make an impact. Join us, as we’re not just raising children; we’re elevating fatherhood to its rightful place of influence and respect.

www.netlingo.com The world’s largest list of chat acronyms & text message shorthand (if you don’t understand the meaning of acronyms your kids are using while chatting/texting)

<https://patriot-protect.com/> Patriot Protect proudly defends your privacy from criminals, scammers, stalkers, and other threats. Our opt-out services aggressively remove your personal data from people-search sites and data brokers, ensuring your information stays private. We relentlessly monitor these sources to protect your rights and freedoms from those who seek to misuse your data.